September. Tore Naerland, President of Bike for Peace, is almost totally blind but is a keen cyclist and has organised similar tours all over the world. I rode on a tandem with Tore, while Norwegian cyclists Åse and Tordis rode solo bikes. Other British cyclists joined us on the various stages of our journey, including Leeds Labour MP and Shadow Minister for Peace and Disarmament Fabian Hamilton on the first leg.



Nuclear disarmament to the US Spy Base at Menwith Hill, with Westminster Justice and Peace to mark the dimate conference, and last year, a solo Peace Pilgrimage for Pax Christi, visiting RAF Fylingdales, part of the Ballistic Missile Early Warning System. The climate friendly bicycle makes a great vehicle for peace protesting - it's part of the solution to one of the two over-riding issues of our times, which I believe are the climate crisis and nuclear weapons.

