

going to tell you the thoughts now that I've returned from it (hopefully you're not totally sick of hearing from me)!

The first thing to say is that I was incredibly lucky to make it at all. Many in our delegation were unable to make it to the MSP in person due to difficulties in obtaining passports, visas, and funding. So once again I'd like to thank the Leeds J&P's SPARK Project which funded my travel and made it possible for me to attend.

Monday

I'd never travelled abroad on my own before, and I haven't been on a plane since pre-covid, and my mind was full of horror stories

By the time I made it to the hostel, it was already past 11. I met my roommate, who was also with YouthforTPNW, and went straight to bed, having set my alarm for 6am (not sure about you but that's pretty much the middle of the night for me).

Tuesday

After a night of broken sleep in uncomfortable heat – although now that we're experiencing this heatwave I think I may have been overly dramatic at the time – I set off for the UN.

